

Zwischenzeiten Ergebnis

erzeugt von OE2003 © Stephan Krämer 2008

Pl	Stnr	Name	Zeit						
Damen -10 (1)			1.5 km 10 Hm 7 P						
						1 (31)	2 (32)	3 (36)	4 (33)
5 (34)	6 (37)	7 (100)	Z						
1	4	Bente Wendler	27:40	2:26	4:38	7:18	11:19		
16:40	22:44	26:36	27:40						
		SV Wiss.. Quedlinburg		2:26	2:12	2:40	4:01		
5:21	6:04	3:52	1:04						
Damen -12 (4)			1.9 km 20 Hm 10 P						
						1 (38)	2 (39)	3 (45)	4 (35)
5 (46)	6 (41)	7 (42)	8 (43)	9 (44)	10 (100)	Z			
1	7	Karola Schmidt	31:21	1:51	3:09	4:46	10:08		
12:59	16:18	19:28	23:30	27:28	30:23	31:21			
		TG Münden				1:51	1:18	1:37	5:22
2:51	3:19	3:10	4:02	3:58	2:55	0:58			
2	9	Insa Bersuck	40:05	1:59	3:41	5:17	12:37		
15:00	19:08	23:18	32:19	37:15	39:16	40:05			
		Bielef. TG Bielefeld				1:59	1:42	1:36	7:20
2:23	4:08	4:10	9:01	4:56	2:01	0:49			
3	8	Johanna Gamenik	44:00	2:19	3:44	8:36	16:40		
18:32	23:07	27:15	36:34	41:11	43:13	44:00			
		WSV Braunlage				2:19	1:25	4:52	8:04
1:52	4:35	4:08	9:19	4:37	2:02	0:47			
AK	10	Deborah Denecke	48:23	2:08	3:41	5:17	11:59		
14:17	25:21	30:57	35:45	43:01	47:24	48:23			
		WSV Braunlage				2:08	1:33	1:36	6:42
2:18	11:04	5:36	4:48	7:16	4:23	0:59			
Damen -14 (4)			2.5 km 25 Hm 12 P						
						1 (47)	2 (49)	3 (50)	4 (52)
5 (51)	6 (69)	7 (42)	8 (53)	9 (39)	10 (46)	11 (44)	12 (100)	Z	
1	11	Karolin Kühnhold	19:37	0:57	3:38	4:37	6:09		
7:36	9:50	10:49	12:10	13:11	15:22	17:47	18:42	19:37	
		WSV Braunlage				0:57	2:41	0:59	1:32
1:27	2:14	0:59	1:21	1:01	2:11	2:25	0:55	0:55	
2	15	Birte Friedrichs	27:40	1:21	4:33	6:06	8:31		
10:44	14:10	15:16	17:21	18:25	20:26	25:52	26:56	27:40	
		MTV Seesen				1:21	3:12	1:33	2:25
2:13	3:26	1:06	2:05	1:04	2:01	5:26	1:04	0:44	
3	17	Henriette Käding	29:20	1:51	5:08	6:45	11:20		
12:22	16:12	17:36	20:08	21:07	23:37	27:05	28:29	29:20	
		TOLF Berlin				1:51	3:17	1:37	4:35
1:02	3:50	1:24	2:32	0:59	2:30	3:28	1:24	0:51	
4	13	Annika Strauß	33:49	1:24	6:09	8:36	10:47		
11:50	18:35	19:32	22:33	23:39	27:47	31:56	32:58	33:49	
		OLV Uslar				1:24	4:45	2:27	2:11
1:03	6:45	0:57	3:01	1:06	4:08	4:09	1:02	0:51	

Damen -16 (6)

3.1 km 35 Hm 13 P

					1 (47)	2 (48)	3 (50)	4 (54)	
5 (61)	6 (55)	7 (56)	8 (57)	9 (71)	10 (62)	11 (87)	12 (60)	13 (100)	Z
1	22	Annkathrin Greiner			26:47	1:14	4:07	6:02	8:30
9:44	11:15	12:21	13:56	16:46	19:48	21:59	24:40	25:59	26:47
MTK Bad Harzburg						1:14	2:53	1:55	2:28
1:14	1:31	1:06	1:35	2:50	3:02	2:11	2:41	1:19	0:48
2	19	Anna Wendt			27:43	1:01	3:27	6:26	11:09
12:09	13:24	14:28	16:01	18:47	20:58	22:53	25:21	26:55	27:43
SC Helsa						1:01	2:26	2:59	4:43
1:00	1:15	1:04	1:33	2:46	2:11	1:55	2:28	1:34	0:48
3	21	Birte Strauß			29:46	1:43	5:11	7:40	10:59
12:15	13:46	15:09	17:00	20:24	23:23	25:35	27:34	29:02	29:46
OLV Uslar						1:43	3:28	2:29	3:19
1:16	1:31	1:23	1:51	3:24	2:59	2:12	1:59	1:28	0:44
4	20	Jelena Topp			32:47	1:37	5:30	11:34	14:28
15:46	17:28	18:33	20:15	23:33	26:43	28:49	30:41	32:03	32:47
TSV Worpswede						1:37	3:53	6:04	2:54
1:18	1:42	1:05	1:42	3:18	3:10	2:06	1:52	1:22	0:44
5	18	Susanne Otto			38:57	1:17	4:50	17:37	20:15
21:34	23:02	24:03	25:59	28:48	31:55	34:03	36:42	38:03	38:57
ESV Lok Magdeburg						1:17	3:33	12:47	2:38
1:19	1:28	1:01	1:56	2:49	3:07	2:08	2:39	1:21	0:54
6	23	Johanna Drese			49:27	1:18	8:58	11:46	21:40
23:26	26:35	27:50	30:18	36:51	41:21	44:12	46:45	48:33	49:27
OLV Uslar						1:18	7:40	2:48	9:54
1:46	3:09	1:15	2:28	6:33	4:30	2:51	2:33	1:48	0:54

Damen -18 (3)

3.7 km 40 Hm 12 P

					1 (42)	2 (51)	3 (63)	4 (64)	
5 (65)	6 (61)	7 (68)	8 (57)	9 (71)	10 (59)	11 (60)	12 (100)	Z	
1	24	Laura Finkenstädt			36:00	1:52	5:51	9:37	14:09
15:52	18:53	22:01	23:28	27:04	31:51	33:30	35:03	36:00	
OLV Uslar						1:52	3:59	3:46	4:32
1:43	3:01	3:08	1:27	3:36	4:47	1:39	1:33	0:57	
2	210	Jessica Drese			44:44	1:40	4:55	8:32	15:30
17:09	20:32	24:30	26:30	31:16	37:56	41:23	43:27	44:44	
OLV Uslar						1:40	3:15	3:37	6:58
1:39	3:23	3:58	2:00	4:46	6:40	3:27	2:04	1:17	
					36:17				
					*73				
3	26	Rieke Bruns			47:42	4:28	7:57	11:36	18:33
20:10	23:29	27:32	29:33	34:15	40:52	44:21	46:27	47:42	
MTK Bad Harzburg						4:28	3:29	3:39	6:57
1:37	3:19	4:03	2:01	4:42	6:37	3:29	2:06	1:15	

Damen 19 Lang/Elite (5)

4.8 km 70 Hm 15 P

					1 (53)	2 (43)	3 (69)	4 (51)	
5 (50)	6 (61)	7 (68)	8 (70)	9 (77)	10 (58)	11 (71)	12 (66)	13 (62)	14 (72)
					15 (100)				
1	29	Anke von Gaza			38:01	2:15	3:06	4:36	6:44
8:29	10:34	13:32	15:57	18:04	23:43	28:24	30:31	33:06	35:36
OLV Uslar						2:15	0:51	1:30	2:08
1:45	2:05	2:58	2:25	2:07	5:39	4:41	2:07	2:35	2:30
					37:13				
					1:37				
2	34	Ivana Knaupova			40:19	2:33	3:48	5:13	7:32
9:21	11:30	14:02	17:11	19:27	25:03	30:12	32:22	34:54	37:48
Brswg.MTV Braunschweig						2:33	1:15	1:25	2:19
1:49	2:09	2:32	3:09	2:16	5:36	5:09	2:10	2:32	2:54
					39:25				
					40:19				

						1:37	0:54		
3	33	Marie Winkler			41:46	2:37	3:33	5:05	7:32
9:33	12:01	15:22	18:13	20:32	26:38	31:24	33:50	36:23	39:10
		USV Jena				2:37	0:56	1:32	2:27
2:01	2:28	3:21	2:51	2:19	6:06	4:46	2:26	2:33	2:47
						40:45	41:46		
						1:35	1:01		
4	31	Katerina Wollmerstädt			44:30	2:40	3:43	5:27	8:12
10:22	13:05	16:20	19:24	21:38	28:10	33:26	36:02	39:03	41:54
		TOLF Berlin				2:40	1:03	1:44	2:45
2:10	2:43	3:15	3:04	2:14	6:32	5:16	2:36	3:01	2:51
						43:36	44:30		
						1:42	0:54		
5	30	Claudia Graber			1:03:47	7:48	9:09	14:48	17:50
20:01	25:03	28:17	31:51	35:40	44:42	50:41	53:36	56:53	1:00:45
		MTK Bad Harzburg				7:48	1:21	5:39	3:02
2:11	5:02	3:14	3:34	3:49	9:02	5:59	2:55	3:17	3:52
						1:02:48	1:03:47		
						2:03	0:59		

Damen 35- (5)

3.7 km 40 Hm 12 P

						1 (42)	2 (51)	3 (63)	4 (64)
5 (65)	6 (61)	7 (68)	8 (57)	9 (71)	10 (59)	11 (60)	12 (100)	Z	
1	39	Michaela Hindersmann			38:47	1:29	6:08	10:19	13:39
17:05	20:08	24:02	25:43	29:31	34:21	36:02	37:49	38:47	
		TSV Malente				1:29	4:39	4:11	3:20
3:26	3:03	3:54	1:41	3:48	4:50	1:41	1:47	0:58	
2	41	Silke Napp			43:41	2:59	7:28	12:02	16:57
18:42	23:01	26:43	28:29	32:45	38:01	40:35	42:25	43:41	
		Brswg.MTV Braunschweig				2:59	4:29	4:34	4:55
1:45	4:19	3:42	1:46	4:16	5:16	2:34	1:50	1:16	
3	37	Ulrike Breckle			44:44	1:49	6:48	12:45	17:01
18:33	22:13	25:48	28:01	32:57	37:39	42:17	43:52	44:44	
		Bielef. TG Bielefeld				1:49	4:59	5:57	4:16
1:32	3:40	3:35	2:13	4:56	4:42	4:38	1:35	0:52	
4	40	Caroline Knoll			46:00	1:59	7:30	15:21	19:43
21:31	26:06	29:32	31:22	36:00	41:04	43:21	45:04	46:00	
		Bielef. TG Bielefeld				1:59	5:31	7:51	4:22
1:48	4:35	3:26	1:50	4:38	5:04	2:17	1:43	0:56	
5	38	Joanna Michalkiewicz			54:28	2:14	9:23	13:41	21:05
25:22	30:28	34:29	37:41	42:27	48:39	51:29	53:24	54:28	
		-- ohne Verein				2:14	7:09	4:18	7:24
4:17	5:06	4:01	3:12	4:46	6:12	2:50	1:55	1:04	

Damen 40- (5)

3.7 km 40 Hm 12 P

						1 (42)	2 (51)	3 (63)	4 (64)
5 (65)	6 (61)	7 (68)	8 (57)	9 (71)	10 (59)	11 (60)	12 (100)	Z	
1	46	Evi Drese			30:55	1:35	4:29	7:23	10:55
12:20	15:20	17:57	19:28	23:17	26:56	28:36	30:04	30:55	
		OLV Uslar				1:35	2:54	2:54	3:32
1:25	3:00	2:37	1:31	3:49	3:39	1:40	1:28	0:51	
2	48	Heidrun Finke			32:10	1:19	4:07	8:29	12:01
13:14	15:42	18:17	19:48	23:02	26:55	29:49	31:11	32:10	
		OLV Uslar				1:19	2:48	4:22	3:32
1:13	2:28	2:35	1:31	3:14	3:53	2:54	1:22	0:59	
3	47	Kirsten Käding			55:49	1:53	7:08	12:56	17:49
22:41	26:37	31:54	35:05	41:51	47:30	52:33	54:37	55:49	
		TOLF Berlin				1:53	5:15	5:48	4:53
4:52	3:56	5:17	3:11	6:46	5:39	5:03	2:04	1:12	
4	44	Regine Klander-Strauß			57:50	2:44	7:38	13:34	24:16
26:35	32:53	37:30	39:44	44:40	50:54	53:28	56:01	57:50	
		OLV Uslar				2:44	4:54	5:56	10:42
2:19	6:18	4:37	2:14	4:56	6:14	2:34	2:33	1:49	

1:56	3:46	2:01	2:57	1:16	2:03	2:44	2:00	5:20	1:19
2	65	Irmela Bergt			35:39	5:42	6:38	8:22	10:58
12:31	15:44	17:19	24:04	25:58	27:27	29:49	31:56	34:40	35:39
		TSV Fischerhude-Quelkh				5:42	0:56	1:44	2:36
1:33	3:13	1:35	6:45	1:54	1:29	2:22	2:07	2:44	0:59

Damen 65- (3)

2.5 km 25 Hm 12 P

						1 (47)	2 (49)	3 (50)	4 (52)
5 (51)	6 (69)	7 (42)	8 (53)	9 (39)	10 (46)	11 (44)	12 (100)	Z	
1	66	Uta Breckle			38:53	2:05	7:33	9:25	12:47
14:47	20:39	22:20	25:03	26:44	30:01	35:26	37:46	38:53	
		Bielef. TG Bielefeld				2:05	5:28	1:52	3:22
2:00	5:52	1:41	2:43	1:41	3:17	5:25	2:20	1:07	
2	68	Helga Blöcher			1:00:16	2:54	10:07	12:50	17:28
24:03	31:29	34:39	38:22	41:31	47:00	53:53	58:05	1:00:16	
		TV Eichen				2:54	7:13	2:43	4:38
6:35	7:26	3:10	3:43	3:09	5:29	6:53	4:12	2:11	
		70 Trudi Jahn			Fehlst	2:18	8:18	10:36	15:40
20:03	25:12	27:14	45:18	47:30	51:48	-----	-----	1:05:42	
		Brswg.MTV Braunschweig				2:18	6:00	2:18	5:04
4:23	5:09	2:02	18:04	2:12	4:18			13:54	

Damen 70- (1)

1.9 km 20 Hm 10 P

						1 (38)	2 (39)	3 (45)	4 (35)
5 (46)	6 (41)	7 (42)	8 (43)	9 (44)	10 (100)	Z			
		73 Hanne-Lore Bruns			Fehlst	-----	-----	-----	-----
-----	-----	MTK Bad Harzburg							

Damen 19 kurz (3)

3.1 km 35 Hm 13 P

						1 (47)	2 (48)	3 (50)	4 (54)
5 (61)	6 (55)	7 (56)	8 (57)	9 (71)	10 (62)	11 (87)	12 (60)	13 (100)	Z
1	78	Katharina Schmidt			31:50	1:30	5:30	8:10	11:42
13:21	15:14	16:27	18:11	22:10	25:23	27:27	29:09	30:47	31:50
		TG Münden				1:30	4:00	2:40	3:32
1:39	1:53	1:13	1:44	3:59	3:13	2:04	1:42	1:38	1:03
2	77	Ina Conrad			36:49	1:23	5:39	8:29	13:15
14:44	16:41	18:24	20:38	25:19	29:12	31:58	33:53	35:41	36:49
		SV Wiss.. Quedlinburg				1:23	4:16	2:50	4:46
1:29	1:57	1:43	2:14	4:41	3:53	2:46	1:55	1:48	1:08
3	76	Karen Much			39:18	2:07	6:41	11:02	17:25
18:47	20:34	22:15	24:49	29:21	32:48	35:03	36:42	38:28	39:18
		OLV Uslar				2:07	4:34	4:21	6:23
1:22	1:47	1:41	2:34	4:32	3:27	2:15	1:39	1:46	0:50

Herren -10 (4)

1.5 km 10 Hm 7 P

						1 (31)	2 (32)	3 (36)	4 (33)
5 (34)	6 (37)	7 (100)	Z						
1	82	Florian Bräunig			14:17	1:19	3:11	4:50	6:50
9:32	11:20	13:02	14:17						
		--- ohne Verein				1:19	1:52	1:39	2:00
2:42	1:48	1:42	1:15						
2	84	Matti Bruns			16:13	1:18	2:51	4:17	6:35
12:17	14:04	15:20	16:13						
		MTK Bad Harzburg				1:18	1:33	1:26	2:18
5:42	1:47	1:16	0:53						

3	81 Thorge Alt	17:21	4:35	6:24	8:05	10:24
12:58	14:46 16:21 17:21					
	TSV Worpswede		4:35	1:49	1:41	2:19
2:34	1:48 1:35 1:00					
4	83 Anton Knoll	1:23:20	54:54	57:25	1:01:06	1:06:49
1:12:11	1:17:14 1:21:01 1:23:20					
	Bielef. TG Bielefeld		54:54	2:31	3:41	5:43
5:22	5:03 3:47 2:19					

Herren -12 (10)

1.9 km 20 Hm 10 P

						1 (38)	2 (39)	3 (45)	4 (35)
5 (46)	6 (41)	7 (42)	8 (43)	9 (44)	10 (100)	Z			
1	91 Felix Drese	20:14	3:21	4:31	5:33	7:09			
8:40	10:57 12:49 16:15 17:42	19:29	20:14						
	OLV Uslar		3:21	1:10	1:02	1:36			
1:31	2:17 1:52 3:26 1:27	1:47	0:45						
2	93 Arne Schliebener	20:27	1:33	2:37	3:40	5:48			
7:47	9:46 11:42 13:25 18:21	19:30	20:27		14:36				
	OLV Uslar		1:33	1:04	1:03	2:08			
1:59	1:59 1:56 1:43 4:56	1:09	0:57		*37				
3	90 Gerrit Denecke	24:15	1:42	2:55	5:54	7:42			
10:02	15:02 16:52 20:16 21:48	23:27	24:15						
	WSV Braunlage		1:42	1:13	2:59	1:48			
2:20	5:00 1:50 3:24 1:32	1:39	0:48						
4	96 Max Sonneborn	30:48	3:34	4:33	6:15	10:19			
13:45	16:29 19:18 24:39 28:28	30:02	30:48						
	TSV Worpswede		3:34	0:59	1:42	4:04			
3:26	2:44 2:49 5:21 3:49	1:34	0:46						
5	95 Niclas Denecke	34:54	4:12	5:26	6:53	10:00			
13:39	16:43 19:31 29:00 33:03	34:05	34:54						
	WSV Braunlage		4:12	1:14	1:27	3:07			
3:39	3:04 2:48 9:29 4:03	1:02	0:49						
6	87 Sven Behling	36:34	2:34	3:54	15:57	18:10			
20:25	23:17 26:09 31:04 33:30	35:28	36:34						
	USC Magdeburg		2:34	1:20	12:03	2:13			
2:15	2:52 2:52 4:55 2:26	1:58	1:06						
7	94 Lennard Mai	39:03	1:50	3:12	4:27	6:16			
8:48	21:58 24:16 32:59 36:33	37:59	39:03		10:13				
	TSV Worpswede		1:50	1:22	1:15	1:49			
2:32	13:10 2:18 8:43 3:34	1:26	1:04		*45				
8	89 Arne Strauß	58:56	21:58	23:05	24:42	26:40			
28:44	42:33 44:55 53:02 57:06	58:05	58:56		30:28	58:11			
	OLV Uslar		21:58	1:07	1:37	1:58			
2:04	13:49 2:22 8:07 4:04	0:59	0:51		*45	*100			
9	88 Leo Sonneborn	1:15:26	3:20	4:49	17:54	22:57			
26:33	57:41 1:01:49 1:04:31 1:08:48	1:14:26	1:15:26						
	TSV Worpswede		3:20	1:29	13:05	5:03			
3:36	31:08 4:08 2:42 4:17	5:38	1:00						
10	92 Jonas Bräunig	1:16:14	34:47	36:44	40:49	47:19			
50:54	55:06 59:27 1:08:36 1:13:06	1:15:17	1:16:14						
	--- ohne Verein		34:47	1:57	4:05	6:30			
3:35	4:12 4:21 9:09 4:30	2:11	0:57						

Herren -14 (7)

2.5 km 25 Hm 12 P

						1 (47)	2 (49)	3 (50)	4 (52)
5 (51)	6 (69)	7 (42)	8 (53)	9 (39)	10 (46)	11 (44)	12 (100)	Z	
1	104 Sebastian Fleiß	20:11	1:04	3:36	4:35	5:56			
6:56	11:16 12:06 13:27 14:14	15:40	18:08	19:29	20:11				
	TOLF Berlin		1:04	2:32	0:59	1:21			
1:00	4:20 0:50 1:21 0:47	1:26	2:28	1:21	0:42				
2	100 Magnus Struckmann	20:19	1:09	3:50	4:56	6:34			
8:05	10:53 11:51 13:13 14:02	15:34	18:28	19:34	20:19				
	Brswg.MTV Braunschweig		1:09	2:41	1:06	1:38			

1:31	2:48	0:58	1:22	0:49	1:32	2:54	1:06	0:45		
3	102	Ole Henseler			21:52	1:19	3:52	5:37	7:47	
8:41	11:26	12:25	15:02	15:57	17:50	20:00	21:04	21:52		
		MTV Seesen				1:19	2:33	1:45	2:10	
0:54	2:45	0:59	2:37	0:55	1:53	2:10	1:04	0:48		
4	101	Fabian Ulbrich			24:55	1:35	4:50	6:55	9:53	
11:31	14:28	15:27	18:04	19:01	20:51	23:04	24:06	24:55		
		TG Münden				1:35	3:15	2:05	2:58	
1:38	2:57	0:59	2:37	0:57	1:50	2:13	1:02	0:49		
5	105	Till Finkenstädt			34:43	1:04	3:39	4:44	12:47	
14:46	25:24	26:31	27:44	28:38	30:19	32:50	33:52	34:43		
		OLV Uslar				1:04	2:35	1:05	8:03	
1:59	10:38	1:07	1:13	0:54	1:41	2:31	1:02	0:51		
6	99	Miká Lenz			37:45	3:52	6:46	8:54	12:25	
13:21	16:20	17:31	21:11	22:16	25:02	34:27	36:46	37:45		
		TG Münden				3:52	2:54	2:08	3:31	
0:56	2:59	1:11	3:40	1:05	2:46	9:25	2:19	0:59		
7	103	Jonas Dresel			40:31	2:34	5:38	6:54	26:40	
28:06	31:26	32:32	33:48	34:43	36:23	38:55	39:49	40:31		
		SC Klecken				2:34	3:04	1:16	19:46	
1:26	3:20	1:06	1:16	0:55	1:40	2:32	0:54	0:42		

Herren -16 (9)

4.0 km 80 Hm 14 P

						1 (51)	2 (63)	3 (61)	4 (68)	
5 (70)	6 (78)	7 (58)	8 (71)	9 (66)	10 (73)	11 (59)	12 (67)	13 (60)	14 (100)	
						Z				
1	111	Jan Felix Topp			26:32	2:47	4:43	5:30	7:26	
9:18	10:52	13:19	17:12	18:48	20:49	21:34	23:20	24:38	25:49	
		TSV Worpswede				2:47	1:56	0:47	1:56	
1:52	1:34	2:27	3:53	1:36	2:01	0:45	1:46	1:18	1:11	
						26:32				
						0:43				
2	223	Lukas Hursie			31:12	2:31	4:29	5:21	7:32	
9:58	11:46	15:22	20:29	22:29	24:53	25:44	27:10	29:12	30:27	
		USC Magdeburg				2:31	1:58	0:52	2:11	
2:26	1:48	3:36	5:07	2:00	2:24	0:51	1:26	2:02	1:15	
						31:12				
						0:45				
3	112	Mark Otto			31:49	2:42	4:46	5:40	8:42	
13:09	14:39	17:23	21:56	24:38	26:40	27:24	28:35	29:53	31:03	
		TOLF Berlin				2:42	2:04	0:54	3:02	
4:27	1:30	2:44	4:33	2:42	2:02	0:44	1:11	1:18	1:10	
						31:49				
						0:46				
4	107	Jonas Hursie			34:35	2:54	5:39	6:36	9:02	
11:30	13:38	17:07	21:28	24:57	27:20	28:18	29:58	32:38	33:45	
		USC Magdeburg				2:54	2:45	0:57	2:26	
2:28	2:08	3:29	4:21	3:29	2:23	0:58	1:40	2:40	1:07	
						34:35				
						0:50				
5	109	Lukas Teller			34:55	3:11	5:42	6:45	9:21	
12:15	14:30	17:40	22:40	25:10	27:53	28:51	31:06	32:55	34:05	
		TSV Worpswede				3:11	2:31	1:03	2:36	
2:54	2:15	3:10	5:00	2:30	2:43	0:58	2:15	1:49	1:10	
						34:55				
						0:50				
6	110	Jan Schliebener			36:16	3:12	6:34	7:54	10:25	
13:16	15:48	18:37	23:43	25:56	28:42	29:42	31:33	33:57	35:20	
		OLV Uslar				3:12	3:22	1:20	2:31	
2:51	2:32	2:49	5:06	2:13	2:46	1:00	1:51	2:24	1:23	
						36:16				
						0:56				
7	114	Malte Finkenstädt			44:16	4:18	8:25	9:43	12:48	
15:52	18:08	23:09	28:49	30:59	33:47	34:45	38:14	42:05	43:21	
		OLV Uslar				4:18	4:07	1:18	3:05	
3:04	2:16	5:01	5:40	2:10	2:48	0:58	3:29	3:51	1:16	

						44:16				
						0:55				
8	113	Kilian Lilje			52:13	4:03	8:03	9:13	12:09	
15:14	18:43	23:00	28:32	34:21	37:09	38:09	40:26	42:33	51:19	
		TSV Worpswede				4:03	4:00	1:10	2:56	
3:05	3:29	4:17	5:32	5:49	2:48	1:00	2:17	2:07	8:46	
						52:13				
						0:54				
9	108	Lukas Bersuck			1:22:41	5:57	10:31	12:15	15:51	
33:02	42:15	52:50	1:01:39	1:04:56	1:10:58	1:12:24	1:16:10	1:20:23	1:21:59	
		Bielef. TG Bielefeld				5:57	4:34	1:44	3:36	
17:11	9:13	10:35	8:49	3:17	6:02	1:26	3:46	4:13	1:36	
						1:22:41				
						0:42				

Herren -18 (4)

5.5 km 125 Hm 16 P

						1 (51)	2 (74)	3 (64)	4 (63)	
5 (61)	6 (66)	7 (71)	8 (81)	9 (86)	10 (40)	11 (83)	12 (84)	13 (85)	14 (67)	
						15 (72)	16 (100)		Z	

1	119	Markus Dresel			40:31	2:57	6:34	9:42	12:56	
13:48	17:45	19:14	22:20	24:52	27:06	29:44	32:50	35:46	36:55	
		SC Klecken				2:57	3:37	3:08	3:14	
0:52	3:57	1:29	3:06	2:32	2:14	2:38	3:06	2:56	1:09	
						38:29	39:50	40:31		
						1:34	1:21	0:41		
2	117	Lennart Weckeck			48:09	3:04	8:27	12:23	15:15	
16:14	20:20	22:23	26:57	29:31	31:45	34:09	37:59	41:40	43:22	
		SC Klecken				3:04	5:23	3:56	2:52	
0:59	4:06	2:03	4:34	2:34	2:14	2:24	3:50	3:41	1:42	
						45:57	47:32	48:09		
						2:35	1:35	0:37		
3	115	Patrick Dresel			1:01:27	3:48	24:05	28:10	31:22	
32:32	36:58	39:17	42:25	44:58	47:19	49:50	53:11	55:56	57:22	
		SC Klecken				3:48	20:17	4:05	3:12	
1:10	4:26	2:19	3:08	2:33	2:21	2:31	3:21	2:45	1:26	
						59:20	1:00:45	1:01:27		
						1:58	1:25	0:42		
AK	186	Heinz Friedrich Pape			58:12	3:28	7:56	12:24	15:40	
16:47	21:28	28:15	31:43	35:39	38:05	40:55	45:36	50:44	52:35	
		OL-Team Lippe				3:28	4:28	4:28	3:16	
1:07	4:41	6:47	3:28	3:56	2:26	2:50	4:41	5:08	1:51	
						54:48	57:11	58:12		
						2:13	2:23	1:01		

Herren 19 Lang/Elite (12)

6.1 km 135 Hm 20 P

						1 (69)	2 (51)	3 (50)	4 (48)	
5 (74)	6 (75)	7 (65)	8 (76)	9 (77)	10 (70)	11 (78)	12 (79)	13 (80)	14 (81)	
						15 (82)	16 (83)	17 (84)	18 (85)	
19 (72)	20 (100)		Z							

1	120	Bjarne Friedrichs			32:16	1:14	2:36	3:44	5:18	
6:31	7:53	9:59	11:29	13:00	14:16	15:37	17:07	18:33	19:49	
		MTV Seesen				1:14	1:22	1:08	1:34	
1:13	1:22	2:06	1:30	1:31	1:16	1:21	1:30	1:26	1:16	
						21:59	24:09	26:28	28:25	
30:27	31:39	32:16								
						2:10	2:10	2:19	1:57	
2:02	1:12	0:37								
2	126	Christoph Hofmeister			38:24	1:25	2:50	5:10	6:35	
7:52	9:25	11:41	13:10	14:44	16:03	17:32	19:00	22:22	24:06	
		MTK Bad Harzburg				1:25	1:25	2:20	1:25	
1:17	1:33	2:16	1:29	1:34	1:19	1:29	1:28	3:22	1:44	
						26:13	28:45	31:46	34:23	

		Brswg.MTV Braunschweig				1:57	2:03	2:19	2:49
1:53	2:25	5:18	2:36	2:19	4:24	2:23	2:46	1:44	1:50
						40:12	43:29	48:01	51:47
55:08	56:58	57:53							
						3:26	3:17	4:32	3:46
3:21	1:50	0:55							
12	128	Tomas Ehler			1:07:15	2:55	5:31	10:03	21:34
23:16	28:22	31:29	34:24	36:35	40:10	42:00	44:33	47:51	49:30
		TOLF Berlin				2:55	2:36	4:32	11:31
1:42	5:06	3:07	2:55	2:11	3:35	1:50	2:33	3:18	1:39
						52:18	55:15	59:01	1:02:00
1:04:57	1:06:23	1:07:15							
						2:48	2:57	3:46	2:59
2:57	1:26	0:52							

Herren 35- (3)

5.5 km 125 Hm 16 P

						1 (51)	2 (74)	3 (64)	4 (63)
5 (61)	6 (66)	7 (71)	8 (81)	9 (86)	10 (40)	11 (83)	12 (84)	13 (85)	14 (67)
						15 (72)	16 (100)		Z
1	137	Thies Knoll			48:23	3:12	7:24	11:36	14:58
15:53	19:14	21:37	25:47	29:17	31:53	34:39	38:59	41:37	43:29
		Bielef. TG Bielefeld				3:12	4:12	4:12	3:22
0:55	3:21	2:23	4:10	3:30	2:36	2:46	4:20	2:38	1:52
						45:47	47:32	48:23	
						2:18	1:45	0:51	
2	136	Christoph Napp			59:51	3:44	8:44	13:26	16:47
17:56	24:54	28:01	31:53	36:31	39:31	43:00	48:18	52:00	54:02
		Brswg.MTV Braunschweig				3:44	5:00	4:42	3:21
1:09	6:58	3:07	3:52	4:38	3:00	3:29	5:18	3:42	2:02
						56:28	58:52	59:51	
						2:26	2:24	0:59	
3	139	Thomas Hilker			1:23:30	3:21	32:18	36:49	40:05
41:08	45:22	48:25	52:47	56:03	58:57	1:02:53	1:09:23	1:13:22	1:16:20
		Bielef. TG Bielefeld				3:21	28:57	4:31	3:16
1:03	4:14	3:03	4:22	3:16	2:54	3:56	6:30	3:59	2:58
						1:19:18	1:21:59	1:23:30	
						2:58	2:41	1:31	

Herren 40- (4)

5.5 km 125 Hm 16 P

						1 (51)	2 (74)	3 (64)	4 (63)
5 (61)	6 (66)	7 (71)	8 (81)	9 (86)	10 (40)	11 (83)	12 (84)	13 (85)	14 (67)
						15 (72)	16 (100)		Z
1	141	Radoslav Dochev			35:23	2:51	6:08	9:12	11:24
12:15	15:05	16:37	19:09	21:05	22:51	24:52	27:35	30:33	31:41
		OLV Steinberg				2:51	3:17	3:04	2:12
0:51	2:50	1:32	2:32	1:56	1:46	2:01	2:43	2:58	1:08
						33:15	34:37	35:23	
						1:34	1:22	0:46	
2	146	Göran Wendler			41:18	3:03	6:38	11:08	13:21
14:15	18:02	19:33	22:20	24:47	27:04	30:02	33:23	35:57	37:23
		SV Wiss.. Quedlinburg				3:03	3:35	4:30	2:13
0:54	3:47	1:31	2:47	2:27	2:17	2:58	3:21	2:34	1:26
						38:59	40:29	41:18	
						1:36	1:30	0:49	
3	147	Thilo Bruns			46:35	2:26	6:29	11:05	13:55
14:59	19:26	21:28	24:26	27:15	30:10	32:48	36:41	39:42	41:47
		MTK Bad Harzburg				2:26	4:03	4:36	2:50
1:04	4:27	2:02	2:58	2:49	2:55	2:38	3:53	3:01	2:05
						43:57	45:38	46:35	
						2:10	1:41	0:57	
4	144	Carsten Behling			51:24	9:19	13:26	18:01	20:13
21:08	27:49	29:35	32:22	34:57	37:11	40:04	43:28	46:05	47:35
		USC Magdeburg				9:19	4:07	4:35	2:12

0:55	6:41	1:46	2:47	2:35	2:14	2:53	3:24	2:37	1:30
						49:20	50:42	51:24	
						1:45	1:22	0:42	

Herren 45- (11)

4.8 km 70 Hm 15 P

						1 (53)	2 (43)	3 (69)	4 (51)
5 (50)	6 (61)	7 (68)	8 (70)	9 (77)	10 (58)	11 (71)	12 (66)	13 (62)	14 (72)
						15 (100)	Z		
1	158	Henning Bruns			36:31	1:59	2:48	4:11	6:07
8:37	10:32	12:52	15:11	18:40	23:31	27:34	29:49	31:56	34:21
		MTK Bad Harzburg				1:59	0:49	1:23	1:56
2:30	1:55	2:20	2:19	3:29	4:51	4:03	2:15	2:07	2:25
						35:46	36:31		
						1:25	0:45		
2	162	Frank Steiner			39:22	2:11	2:58	5:38	7:39
10:38	12:35	14:52	17:25	19:23	24:49	29:29	31:25	34:07	36:29
		Brswg.MTV Braunschweig				2:11	0:47	2:40	2:01
2:59	1:57	2:17	2:33	1:58	5:26	4:40	1:56	2:42	2:22
						37:56	39:22		
						1:27	1:26		
3	161	Dirk Strauß			41:38	2:45	3:46	5:21	7:25
9:00	11:23	13:58	16:43	18:59	25:37	30:46	34:26	36:52	39:24
		OLV Uslar				2:45	1:01	1:35	2:04
1:35	2:23	2:35	2:45	2:16	6:38	5:09	3:40	2:26	2:32
						40:53	41:38		
						1:29	0:45		
4	157	Werner Drese			41:41	2:21	3:12	4:34	6:57
8:39	11:25	13:40	16:49	19:27	25:16	31:26	33:54	36:15	39:04
		OLV Uslar				2:21	0:51	1:22	2:23
1:42	2:46	2:15	3:09	2:38	5:49	6:10	2:28	2:21	2:49
						40:46	41:41		
						1:42	0:55		
5	150	Thomas Binsch			44:43	3:38	4:39	6:14	8:34
10:46	13:25	16:03	19:45	21:42	29:17	34:38	36:54	39:21	42:07
		OLG Südheide				3:38	1:01	1:35	2:20
2:12	2:39	2:38	3:42	1:57	7:35	5:21	2:16	2:27	2:46
						43:49	44:43		
						1:42	0:54		
6	153	Frank Leppla			45:17	2:30	3:42	8:21	10:13
12:42	15:17	17:41	22:27	24:45	30:10	35:40	38:05	40:32	42:57
		TV Alsbach				2:30	1:12	4:39	1:52
2:29	2:35	2:24	4:46	2:18	5:25	5:30	2:25	2:27	2:25
						44:30	45:17		
						1:33	0:47		
7	160	Gottfried Labuhn			47:09	3:52	6:11	7:34	9:37
11:10	18:05	20:30	23:13	25:22	31:38	37:17	39:12	41:50	44:12
		MTV Seesen				3:52	2:19	1:23	2:03
1:33	6:55	2:25	2:43	2:09	6:16	5:39	1:55	2:38	2:22
						46:05	47:09		15:30
						1:53	1:04		*68
8	152	Uli Bandt			49:14	2:14	3:08	4:35	6:35
10:21	12:40	15:17	20:58	23:33	31:44	37:45	41:54	44:24	46:52
		TSV Worswede				2:14	0:54	1:27	2:00
3:46	2:19	2:37	5:41	2:35	8:11	6:01	4:09	2:30	2:28
						48:26	49:14		
						1:34	0:48		
9	159	Luis Moreton			54:12	4:14	5:17	7:12	9:56
12:17	15:14	18:44	22:15	24:49	33:08	40:55	43:55	47:12	50:56
		TK Hannover				4:14	1:03	1:55	2:44
2:21	2:57	3:30	3:31	2:34	8:19	7:47	3:00	3:17	3:44
						53:01	54:12		
						2:05	1:11		
10	155	Dieter Wehrhöfer-Bersu			1:04:42	3:22	4:32	7:53	11:09
15:17	19:02	22:03	25:50	33:55	42:18	50:47	54:13	57:48	1:01:59
		Bielef. TG Bielefeld				3:22	1:10	3:21	3:16
4:08	3:45	3:01	3:47	8:05	8:23	8:29	3:26	3:35	4:11

						1:03:54	1:04:42			
						1:55	0:48			
11	156	Thomas Görtelmeyer			1:13:00	5:22	6:43	8:50	13:14	
16:12	19:55	23:11	32:03	35:41	46:18	54:41	1:00:30	1:05:20	1:09:37	
		RSV Hannover				5:22	1:21	2:07	4:24	
2:58	3:43	3:16	8:52	3:38	10:37	8:23	5:49	4:50	4:17	
						1:11:49	1:13:00			
						2:12	1:11			

Herren 50- (5)

4.0 km 80 Hm 14 P

						1 (51)	2 (63)	3 (61)	4 (68)	
5 (70)	6 (78)	7 (58)	8 (71)	9 (66)	10 (73)	11 (59)	12 (67)	13 (60)	14 (100)	
						Z				
1	166	Sergej sen. Sonnenberg			33:09	2:24	4:22	5:12	7:18	
10:25	12:31	16:25	21:02	24:07	26:27	27:09	28:26	31:13	32:21	
		Osnabr.TB Osnabrück				2:24	1:58	0:50	2:06	
3:07	2:06	3:54	4:37	3:05	2:20	0:42	1:17	2:47	1:08	
						33:09				
						0:48				
2	169	Stephan Schliebener			33:43	2:56	5:12	6:11	8:53	
11:20	13:27	16:56	21:04	23:40	26:18	27:06	28:39	31:23	32:42	
		OLV Uslar				2:56	2:16	0:59	2:42	
2:27	2:07	3:29	4:08	2:36	2:38	0:48	1:33	2:44	1:19	
						33:43				
						1:01				
3	168	Uwe Dresel			35:23	3:36	5:51	6:59	9:25	
12:39	14:20	18:20	22:57	25:36	28:10	29:04	30:51	33:17	34:27	
		SC Klecken				3:36	2:15	1:08	2:26	
3:14	1:41	4:00	4:37	2:39	2:34	0:54	1:47	2:26	1:10	
						35:23				
						0:56				
4	165	Rochus Souan			40:37	6:35	9:10	10:20	12:49	
15:39	17:43	21:55	27:32	29:57	32:32	33:35	36:00	38:18	39:36	
		Ski Klub Hildesheim				6:35	2:35	1:10	2:29	
2:50	2:04	4:12	5:37	2:25	2:35	1:03	2:25	2:18	1:18	
						40:37				
						1:01				
5	167	Günter Blöcher			1:01:54	4:58	8:37	10:23	14:23	
18:50	21:49	27:16	37:53	42:07	46:59	48:39	51:43	57:32	1:00:04	
		TV Eichen				4:58	3:39	1:46	4:00	
4:27	2:59	5:27	10:37	4:14	4:52	1:40	3:04	5:49	2:32	
						1:01:54				
						1:50				

Herren 55- (8)

3.7 km 40 Hm 12 P

						1 (42)	2 (51)	3 (63)	4 (64)	
5 (65)	6 (61)	7 (68)	8 (57)	9 (71)	10 (59)	11 (60)	12 (100)	Z		
1	179	Erhard Jübermann			27:42	1:22	4:38	7:04	9:56	
11:11	13:32	16:20	17:37	20:27	24:03	25:27	26:49	27:42		
		RSV Hannover				1:22	3:16	2:26	2:52	
1:15	2:21	2:48	1:17	2:50	3:36	1:24	1:22	0:53		
2	177	Reinhard In der Stroth			28:38	1:19	4:11	6:39	10:02	
11:32	14:15	16:53	18:15	21:29	24:50	26:20	27:39	28:38		
		Osnabr.TB Osnabrück				1:19	2:52	2:28	3:23	
1:30	2:43	2:38	1:22	3:14	3:21	1:30	1:19	0:59		
3	180	Wolfgang Krause			29:43	1:31	4:28	7:06	10:29	
12:04	14:39	17:24	18:42	21:35	25:43	27:35	28:48	29:43		
		SV Wiss.. Quedlinburg				1:31	2:57	2:38	3:23	
1:35	2:35	2:45	1:18	2:53	4:08	1:52	1:13	0:55		
4	176	Detlef Much			34:35	1:52	4:49	10:01	13:18	
14:45	17:37	20:28	22:18	26:43	30:27	32:06	33:35	34:35		
		OLV Uslar				1:52	2:57	5:12	3:17	
1:27	2:52	2:51	1:50	4:25	3:44	1:39	1:29	1:00		

5	178 Bernd Wollenberg	36:17	1:41	5:22	8:28	12:39
14:30	17:38 20:33 22:08 26:42	31:08	33:34	35:15	36:17	
	TOLF Berlin		1:41	3:41	3:06	4:11
1:51	3:08 2:55 1:35 4:34	4:26	2:26	1:41	1:02	
6	174 Detlev Friedrichs	37:23	1:44	4:57	7:34	15:31
17:07	20:28 23:24 24:55 29:05	32:55	35:09	36:29	37:23	
	MTV Seesen		1:44	3:13	2:37	7:57
1:36	3:21 2:56 1:31 4:10	3:50	2:14	1:20	0:54	
7	172 Doron Kissinger	42:42	2:04	5:40	8:52	13:03
14:33	17:57 21:07 22:44 29:55	36:22	39:58	41:35	42:42	
	UNI Tel Aviv		2:04	3:36	3:12	4:11
1:30	3:24 3:10 1:37 7:11	6:27	3:36	1:37	1:07	
8	181 Uwe Schneider	1:26:02	2:46	25:47	35:28	42:50
46:16	52:10 56:47 1:00:49 1:07:25	1:17:20	1:21:18	1:24:25	1:26:02	
	RSV Hannover		2:46	23:01	9:41	7:22
3:26	5:54 4:37 4:02 6:36	9:55	3:58	3:07	1:37	

Herren 60- (9)

3.1 km 35 Hm 13 P

					1 (47)	2 (48)	3 (50)	4 (54)
5 (61)	6 (55)	7 (56)	8 (57)	9 (71)	10 (62)	11 (87)	12 (60)	13 (100)
								Z
1	191 Nikolaus Risch	23:53	1:00	3:34	5:19	7:53		
8:58	10:33 11:34 13:05 16:07	18:50	20:34	21:51	23:07	23:53		
	ASG Teuteburger Wald		1:00	2:34	1:45	2:34		
1:05	1:35 1:01 1:31 3:02	2:43	1:44	1:17	1:16	0:46		
2	190 Gerhard Niederland	27:55	0:59	3:41	5:47	11:30		
12:32	14:01 15:08 16:44 19:46	22:18	24:09	25:29	26:56	27:55		
	TSV Schloß Ricklingen		0:59	2:42	2:06	5:43		
1:02	1:29 1:07 1:36 3:02	2:32	1:51	1:20	1:27	0:59		
3	189 Lutz Tröbe	28:20	1:08	3:55	6:39	10:17		
11:24	12:47 13:48 15:21 19:35	22:14	24:30	26:01	27:11	28:20		
	SV TU Ilmenau		1:08	2:47	2:44	3:38		
1:07	1:23 1:01 1:33 4:14	2:39	2:16	1:31	1:10	1:09		
4	183 Winfried Rode	31:32	1:45	5:07	7:37	12:05		
13:23	15:08 16:20 18:22 22:12	25:15	27:19	28:53	30:34	31:32		
	SC Helsa		1:45	3:22	2:30	4:28		
1:18	1:45 1:12 2:02 3:50	3:03	2:04	1:34	1:41	0:58		
5	188 Rainer Pieper	31:37	1:24	5:00	7:14	10:37		
11:46	13:24 14:43 17:07 21:06	24:54	27:11	28:57	30:31	31:37		
	SSV Langenhagen		1:24	3:36	2:14	3:23		
1:09	1:38 1:19 2:24 3:59	3:48	2:17	1:46	1:34	1:06		
5	187 Wilhelm Holz	31:37	1:17	4:14	6:52	10:40		
11:48	13:15 16:16 17:56 21:31	24:20	26:35	29:04	30:45	31:37		
	OLV Uslar		1:17	2:57	2:38	3:48		
1:08	1:27 3:01 1:40 3:35	2:49	2:15	2:29	1:41	0:52		
7	185 Günter Gohde	33:06	1:12	7:31	10:14	13:19		
14:40	16:07 17:18 19:13 23:19	26:23	28:16	30:38	32:09	33:06		
	TK Hannover		1:12	6:19	2:43	3:05		
1:21	1:27 1:11 1:55 4:06	3:04	1:53	2:22	1:31	0:57		
8	184 Karlheinz Niescken	35:51	1:22	5:44	7:44	17:40		
18:36	20:08 21:10 22:48 26:21	29:18	31:07	33:29	34:59	35:51		
	SSV Langenhagen		1:22	4:22	2:00	9:56		
0:56	1:32 1:02 1:38 3:33	2:57	1:49	2:22	1:30	0:52		
9	192 John Walsh	43:06	1:44	5:39	11:00	21:05		
22:13	23:55 25:32 29:41 33:38	36:30	38:55	40:28	42:05	43:06		
	- ohne Verein		1:44	3:55	5:21	10:05		
1:08	1:42 1:37 4:09 3:57	2:52	2:25	1:33	1:37	1:01		

Herren 65- (5)

2.7 km 30 Hm 13 P

					1 (48)	2 (49)	3 (50)	4 (52)
5 (33)	6 (47)	7 (42)	8 (39)	9 (45)	10 (46)	11 (41)	12 (44)	13 (100)
								Z
1	197 Dieter Conrad	23:13	3:09	4:03	5:32	7:14		
8:42	11:45 12:58 15:20 16:12	17:52	19:51	21:06	22:17	23:13		
	SV Wiss.. Quedlinburg		3:09	0:54	1:29	1:42		

1:28	3:03	1:13	2:22	0:52	1:40	1:59	1:15	1:11	0:56
2	198	Bernd Bornewasser			27:54	3:50	4:51	6:14	8:36
10:12	13:23	15:05	18:45	19:44	21:11	23:58	25:28	27:01	27:54
		SSV Langenhagen				3:50	1:01	1:23	2:22
1:36	3:11	1:42	3:40	0:59	1:27	2:47	1:30	1:33	0:53
3	196	Frank Finkenstädt			29:31	3:26	4:19	5:26	9:08
10:27	13:20	15:13	17:51	19:16	22:18	25:33	26:57	28:34	29:31
		OLV Uslar				3:26	0:53	1:07	3:42
1:19	2:53	1:53	2:38	1:25	3:02	3:15	1:24	1:37	0:57
4	195	Albrecht Bergt			35:56	4:50	6:22	7:54	10:33
12:24	16:38	19:05	23:22	24:35	26:23	30:09	32:10	34:35	35:56
		TSV Fischerhude-Quelkh				4:50	1:32	1:32	2:39
1:51	4:14	2:27	4:17	1:13	1:48	3:46	2:01	2:25	1:21
5	199	Reinhard Jahn			41:11	4:54	9:49	11:48	13:43
15:24	18:16	19:53	22:05	23:30	28:17	31:02	38:50	40:10	41:11
		Brswg.MTV Braunschweig				4:54	4:55	1:59	1:55
1:41	2:52	1:37	2:12	1:25	4:47	2:45	7:48	1:20	1:01

Herren 70- (7)

2.7 km 30 Hm 13 P

						1 (48)	2 (49)	3 (50)	4 (52)
5 (33)	6 (47)	7 (42)	8 (39)	9 (45)	10 (46)	11 (41)	12 (44)	13 (100)	Z
1	202	Eberhard Höfer			27:51	4:01	5:13	6:52	9:25
11:16	14:31	16:01	18:56	19:55	21:13	23:19	25:02	26:51	27:51
		ASG Teuteburger Wald				4:01	1:12	1:39	2:33
1:51	3:15	1:30	2:55	0:59	1:18	2:06	1:43	1:49	1:00
2	200	Harald Müller			31:59	5:58	7:03	8:48	11:18
14:00	17:14	19:34	22:45	23:52	25:08	27:26	29:11	30:52	31:59
		SV Wiss.. Quedlinburg				5:58	1:05	1:45	2:30
2:42	3:14	2:20	3:11	1:07	1:16	2:18	1:45	1:41	1:07
3	203	Karl-Heinz Binsch			32:22	3:49	5:17	7:19	10:14
11:59	15:27	17:32	20:44	21:48	24:07	27:00	28:39	31:14	32:22
		OLG Südheide				3:49	1:28	2:02	2:55
1:45	3:28	2:05	3:12	1:04	2:19	2:53	1:39	2:35	1:08
4	207	Hans-Georg Dahme			40:24	5:00	6:35	8:27	11:45
14:14	19:09	22:32	26:15	28:00	30:35	34:10	36:23	38:53	40:24
		RSV Hannover				5:00	1:35	1:52	3:18
2:29	4:55	3:23	3:43	1:45	2:35	3:35	2:13	2:30	1:31
5	204	Dieter Brockfeld			1:00:06	5:21	7:07	10:08	13:53
16:30	21:12	23:37	29:08	30:54	33:18	36:42	56:16	58:37	1:00:06
		Osnabr.TB Osnabrück				5:21	1:46	3:01	3:45
2:37	4:42	2:25	5:31	1:46	2:24	3:24	19:34	2:21	1:29
6	205	Werner Hasse			1:08:01	6:34	8:31	12:04	19:33
22:37	27:52	30:39	35:41	37:43	39:57	43:39	1:02:05	1:05:43	1:08:01
		TK Hannover				6:34	1:57	3:33	7:29
3:04	5:15	2:47	5:02	2:02	2:14	3:42	18:26	3:38	2:18
		206 Klaus Romberg			Fehlst	19:44	-----	22:33	1:01:04
1:04:31	1:10:06	-----	-----	-----	-----	-----	-----	1:42:09	1:43:43
		Osnabr.TB Osnabrück				19:44		2:49	38:31
3:27	5:35							32:03	1:34
							5:11:17	5:36:26	5:40:44
5:44:04	5:44:44	5:47:04	5:54:35	6:01:37	6:03:39	6:06:17	6:06:58	6:09:31	6:10:25
							*43	*45	*47
*67	*69	*64	*59	*49	*73	*75	*76	*78	*81
						6:10:53	6:12:30	26:58	
						*82	*83	*54	

Herren 19 kurz (2)

3.7 km 40 Hm 12 P

						1 (42)	2 (51)	3 (63)	4 (64)
5 (65)	6 (61)	7 (68)	8 (57)	9 (71)	10 (59)	11 (60)	12 (100)	Z	
1	213	Daniel Teubner			29:06	2:23	5:31	8:24	11:18
12:51	15:16	18:15	19:54	22:28	25:43	27:15	28:28	29:06	
		TK Hannover				2:23	3:08	2:53	2:54

1:33	2:25	2:59	1:39	2:34	3:15	1:32	1:13	0:38	
2	212	Ralf Döblitz			46:31	2:35	8:06	11:18	19:37
22:03	26:20	30:53	33:12	37:07	42:12	43:51	45:21	46:31	
		Brswg.MTV Braunschweig				2:35	5:31	3:12	8:19
2:26	4:17	4:33	2:19	3:55	5:05	1:39	1:30	1:10	

offen kurz-leicht (5)

1.5 km 10 Hm 7 P

						1 (31)	2 (32)	3 (36)	4 (33)
5 (34)	6 (37)	7 (100)	Z						
1	217	Sonja Struckmann			13:13	1:11	2:43	4:09	5:55
8:43	10:49	12:13	13:13						
		Brswg.MTV Braunschweig				1:11	1:32	1:26	1:46
2:48	2:06	1:24	1:00						
2	216	Jan Ehrhardt			17:18	1:56	3:29	5:40	8:10
11:19	15:01	16:13	17:18						
		WSV Braunlage				1:56	1:33	2:11	2:30
3:09	3:42	1:12	1:05						
3	219	Sonja Bräunig			18:29	3:09	5:00	6:56	10:01
13:18	15:18	17:29	18:29						
		--- ohne Verein				3:09	1:51	1:56	3:05
3:17	2:00	2:11	1:00						
4	220	Karen Ulbrich			30:22	8:58	12:01	14:33	17:37
22:09	25:40	28:40	30:22						
		TG Münden				8:58	3:03	2:32	3:04
4:32	3:31	3:00	1:42						
5	218	Robin von Gaza			53:42	4:37	6:47	34:29	37:36
42:54	49:11	52:34	53:42						
		OLV Uslar				4:37	2:10	27:42	3:07
5:18	6:17	3:23	1:08						

offen mittel (1)

2.5 km 25 Hm 12 P

						1 (47)	2 (49)	3 (50)	4 (52)
5 (51)	6 (69)	7 (42)	8 (53)	9 (39)	10 (46)	11 (44)	12 (100)	Z	
1	221	Ulrich Proksch			55:49	3:23	7:33	9:13	12:33
14:42	19:29	21:42	28:15	29:41	45:12	50:07	54:19	55:49	
		- vereinslos				3:23	4:10	1:40	3:20
2:09	4:47	2:13	6:33	1:26	15:31	4:55	4:12	1:30	