

H-12 (31 Starter) - 1.90 km 60 Hm 9 Posten

| | Name | Verein | Laufzeit |
|----|------------------------|----------------------------|----------|
| 1 | Tim Kühnhold | WSV Braunlage | 15:13 |
| 2 | Paul Scholtz | TOLF Berlin | 15:14 |
| 3 | Johannes Drechsel | USV TU Dresden | 15:57 |
| 4 | Leo Graumann | ESV Lok Berlin-Schöneweide | 16:13 |
| 5 | Korbinian Lange | SV Mietraching | 16:41 |
| 6 | Kilian Kempe | Planeta Radebeul | 17:05 |
| 7 | Till Finkenstädt | OLV Uslar | 17:21 |
| 8 | Sebastian Fleiß | TOLF Berlin | 17:46 |
| 9 | Leon Kollenbach | Ski-Club Helsa | 18:09 |
| 10 | Tim Lukas Jesgarzewski | Ski-Club Helsa | 18:15 |
| 11 | Matthäus Steudler | SV Koweg Görlitz | 18:28 |
| 12 | Arne Schliebener | OLV Uslar | 18:42 |
| 13 | Magnus Struckmann | Braunschweiger MTV | 19:18 |
| 13 | Mark Otto | TOLF Berlin | 19:18 |
| 15 | Tobias Spangenberg | OLG Regensburg | 19:40 |
| 16 | Tim Vogler | MTV Bamberg | 20:07 |
| 17 | Till Kleine | TuS Lübbecke | 20:22 |
| 18 | Arne Böhmer | Robotron Dresden | 20:51 |
| 19 | Emil Sasse | USV TU Dresden | 21:29 |
| 20 | Robin Zschäckel | IHW Alex Berlin 78 | 22:37 |
| 21 | Maximilian Knitsch | USG Chemnitz | 22:49 |
| 22 | Simon Hirschmiller | TGV Horn | 22:55 |
| 23 | Dmitri Zelenin | USG Chemnitz | 24:38 |
| 24 | Felix Drese | OLV Uslar | 24:57 |
| 25 | Theo Gerber | USG Chemnitz | 25:31 |
| 26 | Markus Heiselbetz | TuS Lübbecke | 29:57 |
| 27 | Jonas Dresel | SC Klecken | 32:20 |
| 28 | Erik Kästner | USV Jena | 42:22 |
| | Andreas Müller | SV TU Ilmenau | n ang |
| | Max Kallweit | USV Erfurt | n ang |
| | Johannes Hoffmann | OLG Siegerland | n ang |

D-12 (13 Starter) - 1.90 km 60 Hm 9 Posten

| | Name | Verein | Laufzeit |
|---------|--------------------|-------------------|----------|
| 1 | Leonore Winkler | USV Jena | 14:27 |
| 2 | Karolin Kühnhold | WSV Braunlage | 16:30 |
| 3 | Susanne Otto | ESV Lok Magdeburg | 18:18 |
| 4 | Birte Friedrichs | MTV Seesen | 20:19 |
| 5 | Charlene Weber | OSC Kassel | 20:46 |
| 6 | Laura Elflein | OLG Regensburg | 21:24 |
| 7 | Henriette Käding | TOLF Berlin | 21:47 |
| 8 | Melissa Krumme | OSC Kassel | 22:09 |
| 9 | Lilly Martin | OSC Kassel | 22:18 |
| 10 | Carla Mühlstein | OSC Kassel | 24:31 |
| 11 | Dorothea Müller | Post SV Dresden | 29:51 |
| 12 | Laura Krug | MTV Bamberg | 57:07 |
| Fehlst. | Emilia Kolehmainen | TSV Grünwald | 29:00 |